



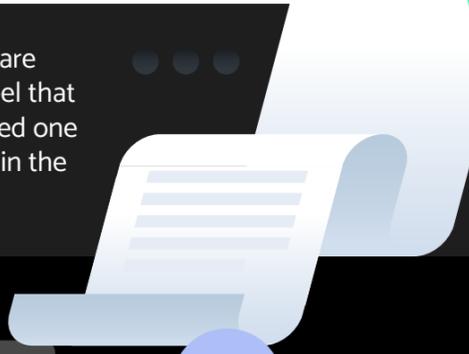
# Top 5 Benefits of a MEMORY CARE FACILITY

When your loved one is in need of extra care, you need to make sure that you choose the right memory care facility, that will best fit their needs.

If your loved one has Alzheimer's, dementia, or any other memory disorders, they will need more care and attention than just a regular assisted living home.



Choosing the right memory care facility is important and we feel that the top 5 things that your loved one will benefit from most will be in the following below.



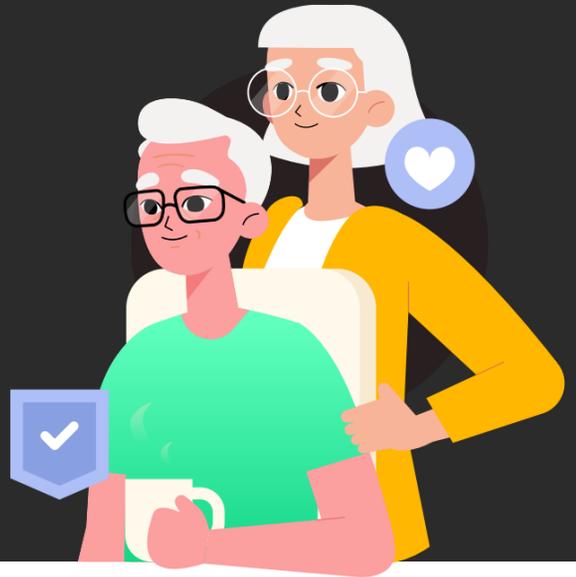
## 1 Specialized Care:

With a memory care facility will provide specialized care and help the residents with their memory disorders and help them with their daily activities. They will also help them to navigate and still maintain some sort of independence with structured and supervised activities. Memory care facilities are designed to reduce the risk of any danger, especially when residents wander and become disoriented.



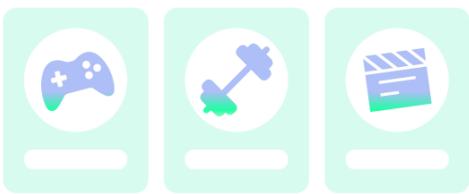
## 2 Better Quality of Life:

With individual specialized care, this can often lead to fewer medications being needed. Memory care facilities are designed to reduce the risk of falls, injuries, and any accidents that would result in hospital visits. With increase nutrition and overall wellness a factor, this will lead to a higher quality of life, and also help to maintain cognitive and mental stability.



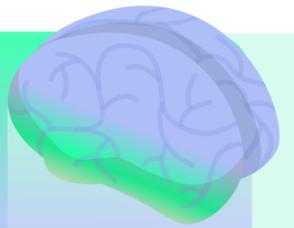
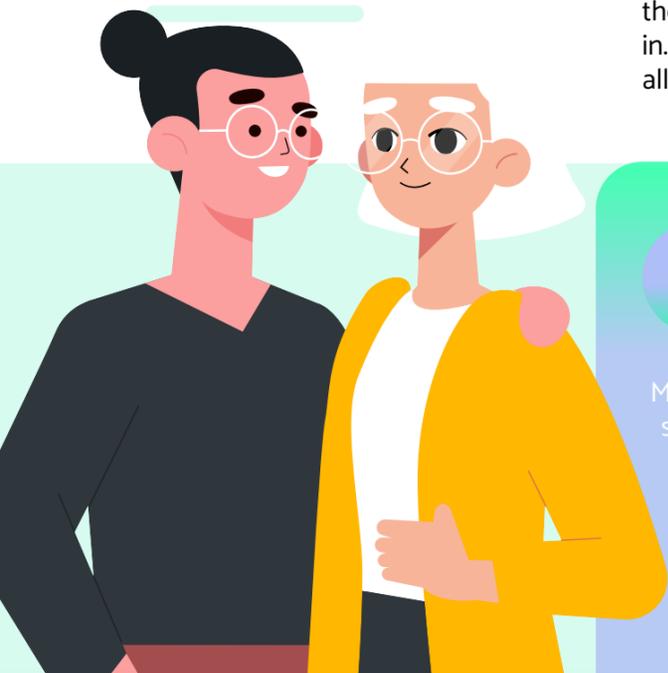
## 3 Socialization:

Memory care is usually separated from the rest of the assisted living facility, this allows the staff to give more attention and care. There are many specialized social and therapeutic programs that the residents will be engaged in. Such activities as games, fitness, and entertainment, are all designed to help to stimulate their brains.



## 4 Family Support:

Memory care facilities create an environment that will support the senior and the family, the programs are designed to also educate the family, and give the other family members encouragement. It is also reassuring to know that your loved one is having the best care and around-the-clock supervision.



## 5 Highly Skilled Staff:

All of the nurses and all staff members in memory care facilities have specialized training and experience working with seniors with dementia, and other memory disorders. Memory care facilities have fewer patients per staff ratio so that they can give your loved one all of the attention that they need.

